

# PSA ART AWAKENINGS YOUTH PROGRAM



## Therapeutic Goals May Address

- Self-Awareness
- Communication
- Problem Solving
- Socialization
- Boundaries
- Self Esteem
- Feelings & Emotions
- Grief & Loss
- Making choices
- Empowerment
- Dreams & Hopes

## What is Art Therapy?

Art therapy uses the creative process of art making to improve and enhance the physical, mental and emotional well-being of individuals of all ages. It is based on the belief that the creative process involved in artistic self-expression helps people to resolve conflicts and problems, develop interpersonal skills, manage behavior, reduce stress, increase self-esteem, self-awareness and achieve insight.

## Referral Packet Requirements...

- **CASII (Child & Adolescent Service Intensity Instrument)** (Score of 4 & higher requires ARCP & SNCD)
- **Current Face Sheet**
- **Diagnosis** (Within last 12 months)
- **Service Plan** (Complete with BHP signature; dated within last 12 months; Art Awakenings indicated as a goal)
- **Psychosocial/Annual Assessment** (Complete with BHP signature; dated within last 12 months)
- **Release of Information**

<b>East Valley</b>		<b>Tempe Studio</b>	
1243 E Broadway, Ste 105, Tempe AZ 85282 P: 480.894.1568 F: 480.894.5469 Fax Referrals to 602.340.1697 Attn: Haley Nicholas Haley.Nicholas@azpsa.org or Call 602.340.1675			
	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>
<b>Ages</b>	7-10 yrs	7-10 yrs	11-13 yrs
<b>Times</b>	4:00-5:30pm	4:00-5:30pm	4:00-6:00pm
	<b>Thursday</b>		
<b>Ages</b>	14-17 yrs		
<b>Times</b>	4:00-6:00pm		
<b>West Valley</b>		<b>Maricopa Youth Studio</b>	
8027 Black Canyon Highway, Suite 401 Phoenix, AZ 85021 P: 602.242.1238 F: 602.242.1264 Fax Referrals to 602.340.1697 Attn: Haley Nicholas Haley.Nicholas@azpsa.org or Call 602.340.1675			
	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>
<b>Ages</b>	11-13yrs	11-13 yrs	7-10 yrs
<b>Times</b>	4:00-6:00pm	4:00-6:00pm	4:00-5:30pm
	<b>Thursday</b>		
<b>Ages</b>	14-17 yrs		
<b>Times</b>	4:00-6:00pm		
<b>Pinal County</b>		<b>Casa Grande Studio</b>	
309 W 2nd St, Casa Grande, AZ 85122 P: 520.423.0707 F: 520.423.0511 For Enrollment contact Christie.Urioste@azpsa.org Call for Program Information			
<b>Ages 7-17</b>			
<b>Pima County</b>		<b>Tucson Studio</b>	
450 N 6th Ave, Tucson, AZ 85705 P: 520.792.6272 F: 520.882.3844 For Enrollment contact Irlanda.Cuevas@azpsa.org Call for Program Information			
<b>Ages 6-17</b>			



**EMPOWERMENT AND  
RECOVERY THROUGH  
CREATIVITY**

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