

PSA ART AWAKENINGS YOUTH PROGRAM



Therapeutic Goals May Address

- Self-Awareness
- Communication
- Problem Solving
- Socialization
- Boundaries
- Self Esteem
- Feelings & Emotions
- Grief & Loss
- Making choices
- Empowerment
- Dreams & Hopes

What is Art Therapy?

Art therapy uses the creative process of art making to improve and enhance the physical, mental and emotional well-being of individuals of all ages. It is based on the belief that the creative process involved in artistic self-expression helps people to resolve conflicts and problems, develop interpersonal skills, manage behavior, reduce stress, increase self-esteem, self-awareness and achieve insight.

East Valley Tempe Studio

1243 E Broadway, Ste 105, Tempe AZ 85282
P: 480.894.1568 F: 480.894.5469

Fax Referrals to 602.340.1697 Attn: Haley Nicholas
Haley.Nicholas@azpsa.org or Call 602.340.1675

	Tuesday	Wednesday	Thursday
Ages	7-10 yrs	11-13 yrs	14-17 yrs
Times	4:00-5:30pm	4:00-6:00pm	4:00-6:00pm

West Valley NW Phoenix Studio

2255 W Northern Ave, Phoenix, AZ 85021 Ste B104 (Formerly Glendale)
P: 602.995.1937 F: 602.393.3158

Fax Referrals to 602.340.1697 Attn: Haley Nicholas
Haley.Nicholas@azpsa.org or Call 602.340.1675

	Tuesday	Wednesday	Thursday
Ages	11-13 yrs	7-10 yrs	14-17 yrs
Times	4:00-6:00pm	4:00-5:30pm	4:00-6:00pm

Central Phoenix Phoenix Studio

1014 N 2nd St, Phoenix, AZ 85004
P: 602.340.1675 F: 602.340.1697

Fax Referrals to 602.340.1697 Attn: Haley Nicholas
Haley.Nicholas@azpsa.org or Call 602.340.1675

	Monday	Tuesday
Ages	7-10 & 11-13yrs	14-17yrs
Times	4:00-5:30pm	4:00-6:00pm

Pinal County Casa Grande Studio

309 W 2nd St, Casa Grande, AZ 85222
P: 520.423.0707 F: 520.423.0511

For Enrollment contact Christie.Urioste@azpsa.org
Ages 7-17

Ages 7-17 Call for Program Information 520.423.0707

Pima County Tucson Studio

450 N 6th Ave, Tucson, AZ 85705
P: 520.792.6272 F: 520.882.3844

For Enrollment contact Jovanna.Gomez@azpsa.org

Ages 7-17 Call for Program Information 520.792.6272

Referral Packet Requirements...

- **CASII (Child & Adolescent Service Intensity Instrument)**
(Score of 4 & higher requires ARCP & SNCD)
- **Current Face Sheet**
- **Diagnosis** (Within last 12 months)
- **Service Plan** (Complete with BHP signature; dated within last 12 months; Art Awakenings indicated as a goal)
- **Psychosocial/Annual Assessment** (Complete with BHP signature; dated within last 12 months)
- **Release of Information**
- **Guardianship Information**



**EMPOWERMENT AND
RECOVERY THROUGH
CREATIVITY**

