

# PSA ART AWAKENINGS YOUTH PROGRAM



## Therapeutic Goals

- Manage Anxiety
- Alleviate Stressors
- Constructive channel for anger
- Elevate & stabilize mood
- Increase organizational skills
- Learn verbal & non-verbal expressions
- Improve social skills
- Positive cultural messages
- Improved relationships
- Facilitates healthy self-esteem

## What We Offer...

- Encouragement of interests & needs identified in therapy / treatment plan
- Emphasis on trusting therapeutic relationships
- A safe, stable & consistent environment
- Meets diverse needs
- Addresses long standing peer, school and family issues
- Expressive art therapy

### East Valley:

### Tempe Studio

Location: 1243 E. Broadway, Suite 105, Tempe AZ 85252  
P: 480.894.1568 F: 480.894.5469

Coordinator of Youth & Family Services, Maricopa County  
Christine Zwicky – christine.zwicky@azpsa.org

Age	Monday	Tuesday	Wednesday	Thursday
7 to 9		4:00p-5:30p		
10 to 12			4:00p-6:00p	
13 to 17				4:00p-6:00p

### West Phoenix:

### Glendale Studio

Location: 5459 W. Northern, Suite 113, Glendale, AZ 85301  
P: 623.209.0205 F: 623.209.0211

Send Referrals to: Phoenix Art Awakenings Site  
Phoenix Studio P: 602.340.1675 F: 602.340.1697

Expressive Art Therapist

Julia Lopez – julia.lopez@azpsa.org

Age	Monday	Tuesday	Wednesday	Thursday
10 to 12		4:00p-6:00p		
7 to 9			4:00p-6:00p	
13 to 17				4:00p-6:00p

### Central Phoenix:

### Phoenix Studio

Location: 1014 North 2nd Street, Phoenix, AZ 85004  
P: 602.340.1675 F: 602.340.1697

Coordinator of Youth & Family Services, Maricopa County  
Christine Zwicky - christine.zwicky@azpsa.org

13 to 17	Tuesdays 4:00p-6:00p
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### Pinal County:

### Casa Grande Studio

Location: 309 W. 2nd Street, Casa Grande, AZ 85222  
P: 520.423.0707 F: 520.423.0511

Coordinator of Youth & Family Services, Pinal County  
Mindiejo Snyder - mindiejo.snyder@azpsa.org

Ages 7-17	Call for Program Information	520.423.0707
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## Referral Packet Requirements:



- Diagnosis (within last 12 months)
- Treatment Plan / Part D / Service Plan (With Art Awakenings indicated as a goal)
- Psychosocial Assessment (Complete w/ signed & dated signatures within last 12 months)
- Release of Information



**EMPOWERMENT AND  
RECOVERY THROUGH**

**CREATIVITY**